

THE CONTEMPORARY JEWISH MUSEUM

# a mindful look book

The space inside is an invitation...

Presented in conjunction with the exhibition

NED KAHN: NEGEV WHEEL

*"Negev Wheel* is comprised of immense, slowly spinning discs filled with sand from the Negev desert in Israel. The sand from that region is made of a mixture of sands from a great many geographic sources, representing complexity within unity and constant evolution within permanence."

Renny Pritikin

Chief Curator at The Contemporary Jewish Museum

*Ned Kahn: Negev Wheel*

On view July 28, 2016–January 8, 2017

© The Contemporary Jewish Museum

San Francisco, California

With your body as still as possible,

**watch the sand for 10 breaths.**

**Notice** these contrasts.  
Look. Think. Draw.

order  
chaos

forceful  
calm

*smooth*  
*rough*

*heaps*  
*specks*

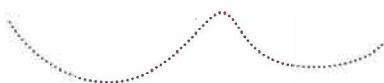
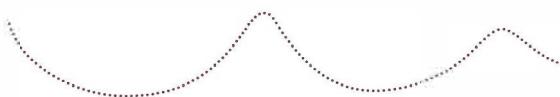
**Close** your eyes for 20 seconds.

What do you **hear**?

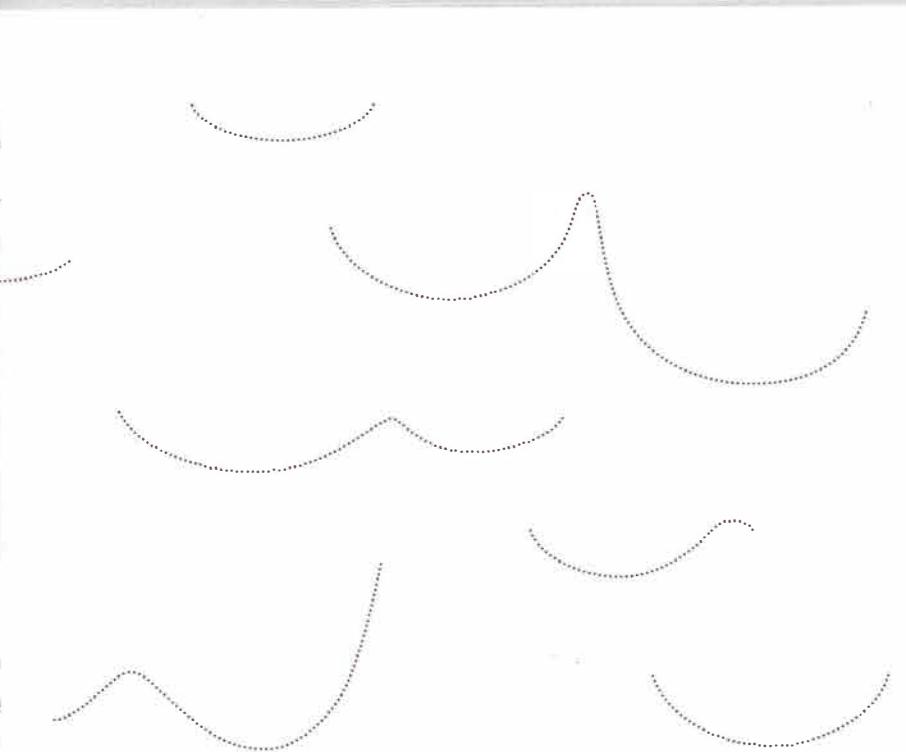
*“The wind blows to the south and  
turns to the north, round and round it goes,  
ever returning on its course.”*

Ecclesiastes 1:6

What does this artwork  
make you **think** of?



**Catch** the words going through your mind.



## Build a collaborative poem.

*Some possible beginnings:*

A speck of sand...

Roaring waves...

We are a part of...





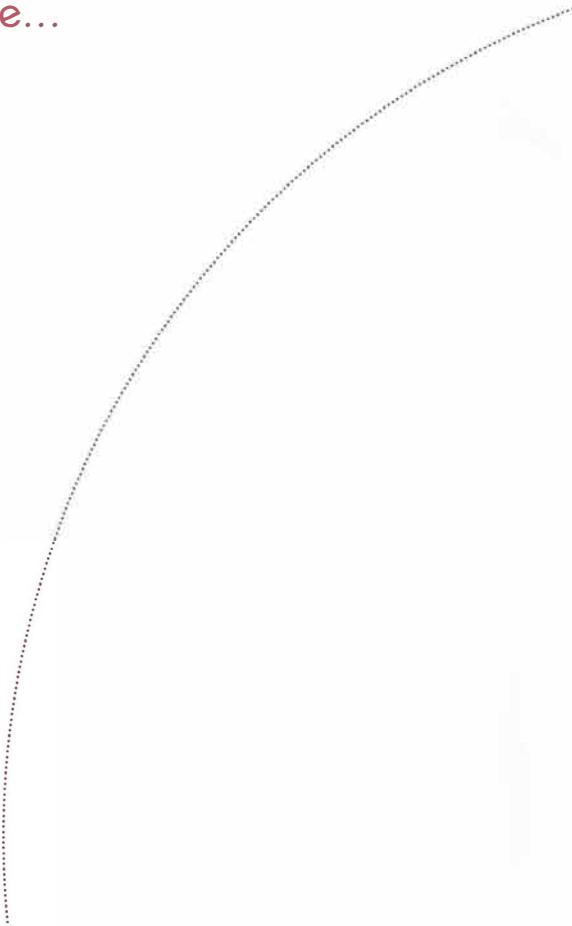
**Add your thoughts.**

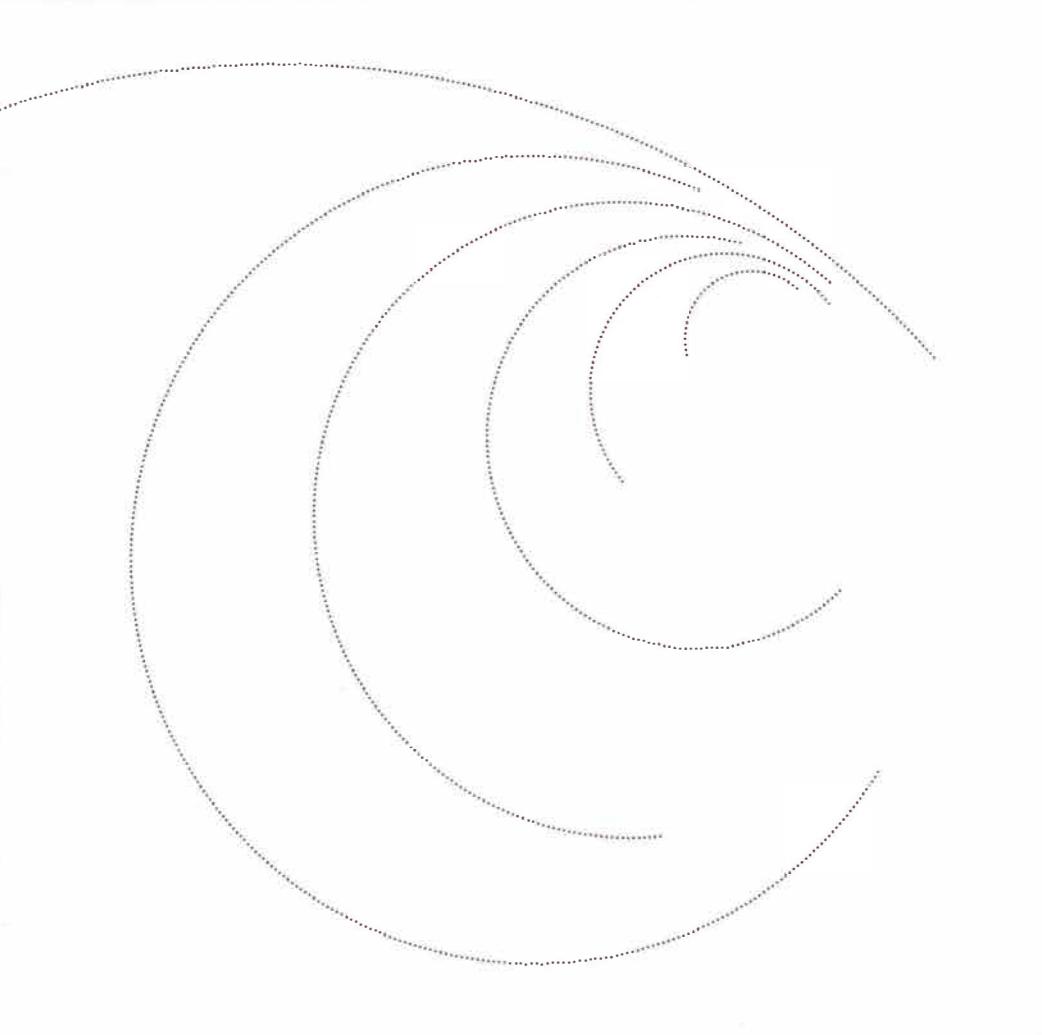
"I've always been attracted to the idea of  
making visible things that are invisible..."

...I am intrigued with the way patterns can emerge when things flow. These patterns are not static objects, they are patterns of behavior—recurring themes in nature.”

Ned Kahn

**Continue** the doodle...





*Ned Kahn: Negev Wheel* is organized by The Contemporary Jewish Museum.

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